

AU NATUREL



NEWSLETTER NO 123 OF THE ARMANDS BEACH LEISURE GROUP

Hello everyone,

Our February night saw 16 of us get together for a meal of corned beef and veg with white sauce. Pavlova, cream and custard for sweets. Everyone enjoyed the meal. There was a short discussion about the fun in the sun day, then the evening continued with stories and laughter before heading to bed.

We had 60 plus people at our Fun in the sun day on the 10th of March. As you can see by the picture above, it was a beautiful day. We started early as there was a bit to set up.

Our pergola was moved a couple of times due to the incoming tide. Nobody wants a soggy trophy or prize. Steve honked his horn at 10am and the games began. The competitors tossed hoops, thongs and boules at the target. A few may have aimed at the person behind the target. Perfectly understandable. We went on to the egg events and things got a bit messy. Congratulations to all the winners. To those of us that tried and lost. We didn't give it enough pudding. He wonders why we throw things at him.



Jim used Abalone shells and driftwood in the trophies this year. They really are crowd pleasers. So many people come to the display table to see what he has made. You can't buy these in a shop. The challenge is on for next year.

Steve chose green, teal and red sashes for the winners of the fun run and best bum events, along with Mr. & Mrs. Armands Beach. Sash winners are also given a small gift. The team events winners received dolphin key rings and fridge magnets. Our apologies for the confusion about the bucket race.

The life savers were in attendance again this year. It is great having them on the beach with us and it is fantastic that we don't need their services. We passed the tin around during lunch time and are very pleased to say \$216.45 was handed to the lifesavers at presentations. Another great effort by everyone, we appreciate all your support for our local club.

There were some faces we hadn't seen in a while. It was nice to see them back. For the friends who didn't make it. You were missed and are in our thoughts. We were happy to see some new faces join us on the beach this year. For some it was their first-time being nude in public. We hope you felt welcome and look forward to seeing you again on the beach or at one of our Murrah nights.

The Armands Beach Leisure Group are a clothing optional, family friendly group. We try to provide a safe place for people to experience nudity in a social setting. There is no pressure to be nude. It's what you are comfortable with. So long as you don't mind others around you being nude.

Thank you all for your support on the day. Everyone plays a part, and much goes on behind the scenes. There are the early starters who helped with setting up. The competitors, the cheer squads and everyone in between. Thank you all for joining in the spirit of the day and having fun. Your laughter could be heard long before you were seen. It wouldn't be the same without you.

A shout out to our taxi driver for carrying all our gear and taking people up and down the track throughout the day. It really makes the day more pleasurable knowing there is a ride to the car park at the top of that hill. It soon sorts out the fit from the not so fit. A big thank you to the BVSC for collaborating with us and unlocking the gate so we could do this for the day.

Thank you to ACT NC for the accommodation stay. The ANF for the gift bags and the beach whistles, part of their beach safe initiative. To Lizzie for her towel pouches. Beach towels with a hidden zippered pocket. To Jim who donated a framed picture of Eric the echidna. Bermagui Pharmacy for donating sunscreen and beach hats that we added to our best bum M&F and Mr. & MRS Armands Beach prizes.

PLEASE NOTE: The ABLG are family friendly we are not into partner swapping or any other sexual activity that is often associated with group nudity. If you are looking for that experience, the Armands Beach Leisure Group is not for you.

Our Autumn leaves dinner night is Saturday 27th of April at the Murrah hall. This is the last get together before the ABLG winter hibernation begins. The menu is a trio of roast meat. Baked vegetables, peas, gravy and garlic bread. Chocolate mud cake with cream and or custard. Along with a cooked breakfast the following morning. Cost is \$30.00 per person. There is room in the hall to put your swag down. Earthworks are being done at the hall so we are

not sure how much room there will be for vans. If you are bringing your van, please keep in touch with us to make sure there is room.

Yours in naturism,

Thelma.

Don't forget to let Ian and Thelma know you are coming by the 20th of April. Contact information is below.

CALENDAR OF EVENTS 2024

SATURDAY 27TH of APRIL: Autumn Leaves dinner at MURRAH HALL.

Cost \$30.00 per person. RSVP: Saturday 20th of April.

➤ **PLEASE NOTE: We don't have eftpos cash only please.**

SATURDAY 5TH of OCTOBER: Strip into spring dinner at MURRAH HALL.

TUESDAY 31ST of DECEMBER: Nude year's eve dinner at MURRAH HALL.

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The world Today.

A “Greenie tree-hugging Activist”, who was responsible for getting horses banned from National parks and State Forests, was climbing a tree to have a look over the forest when a Tawny Frogmouth Owl attacked her for invading its nesting site.

In a panic to escape, she slid down the tree, getting several splinters lodged in her crotch area. In considerable pain she hurried to the nearest doctor, (country Doctor) and told him she was an environmentalist and how she got all the splinters.

The doctor listened with great patience and then told her to go to the examining room and he would see if he could help her. She waited for 3 hours before the doctor reappeared. Angry, the woman demanded, “What took you so long?”

“Well...” replied the doctor, “...I had to get permits from the Environmental Protection Agency; the forestry service; the National Parks and Wildlife Service; the Wilderness Society and the Department of Conservation and Land Management before I could remove “old growth timber” from a “recreational area” ...I’m sorry but they all turned me down.